


Hardin County 4-H

 Cooperative
Extension Service



NEWSLETTER AUGUST 2025

Cooperative Extension Service
Hardin County
111 Opportunity Way
Elizabethtown, KY 42701
(270) 765-4121
Fax: (270) 769-0426
hardin.ca.uky.edu



A new program year starts September 1st.

All new and returning members
must complete a
2025-2026 enrollment form.

Visit the Hardin County Extension Service Office
or download a copy at
<https://hardin.ca.uky.edu/4h-youth-development>

Contact Hardin County's 4-H Agents for more information!

Jocelyn Kemp
jocelyn.kemp@uky.edu

Deana K. Reed
deanakreed@uky.edu

(270) 765-4121
111 Opportunity Way, Elizabethtown, KY 42701



Jocelyn Kemp

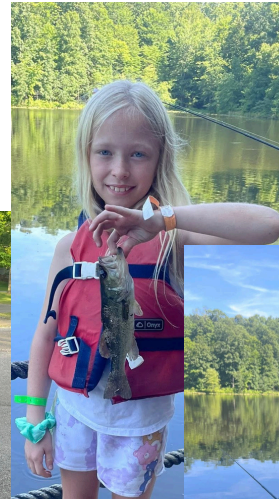
Hardin County Extension Agents
For 4-H Youth Development Education
jocelyn.kemp@uky.edu / deanakreed@uky.edu

Deana K Reed



Jocelyn Kemp
Hardin County Extension Agents
For 4-H Youth Development Education
jocelyn.kemp@uky.edu / deannares@uky.edu
Deanna K. Reed

Check out our special County Fair Wrap Up issue for lists of County Fair achievements and info about State Fair.





SUMMER CAMP MEMORIES



HORSE CAMP 2025





once upon a time at
**CLOVERBUD
CAMP**



Large \$5
Small \$3
Cash
Only!

Look for the 4-H Ice Cream Trailer at these upcoming events:

September 19-20

Heartland Quilt Show

Hardin County Extension Service Office

September 25-27

Vine Grove Bluegrass Festival

Optimist Park



All proceeds directly support Hardin County 4-H Clubs and Programs





L-H Cooking 101

KITCHEN BASICS

September 9
5:30-7:30 pm

ONLY
\$15

Youth, ages 9-18

limited to 20 participants

.....
Safety • Recipes
Mise En Place • Knife Skills
Measuring • Seasoning • Cleaning
.....

111 Opportunity Way, Elizabethtown, KY

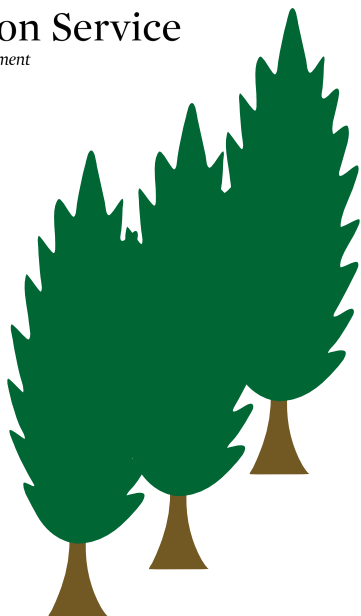
For More Information and Registration :

<https://hardin.ca.uky.edu/events>

or email: deanakreed@uky.edu



An equal opportunity organization



ACHIEVEMENT PROGRAM WORKSHOPS

Hardin County Cooperative Extension Service
111 Opportunity Way
Elizabethtown, KY

**Monday
September 29th**



**4:30-5:30 p.m.
Returning
Participants**



**6:00 p.m.
New
Participants**

**Want to stand out in
4-H and win some
awesome awards?**

**Join us to begin your
journey towards
recognition for your
knowledge, skills, and
abilities.**

Contact Ms. Deana for more details
deanakreed@uky.edu
(270) 765-4121



4-H TEEN LEADERSHIP IN ACTION

HARDIN/GRAYSON

BUILD LEADERSHIP SKILLS AND GROW INTO A
VALUED COMMUNITY LEADER.

FOR YOUTH, GRADES 6TH - 11TH

Email or call for details & application (*due 8-22-25*)



Deana K. Reed, CEA for 4-H YD Education
deanakreed@uky.edu



Phone Number:
270-765-4121

**NOW
ACCEPTING
APPLICATIONS**



An equal opportunity organization

Contact Jocelyn Kemp (jocelyn.kemp@uky.edu) to register for Forestry Field Day.

4-H FORESTRY



4-H Forestry Field Day: Mammoth Cave National Park

September 11, 2025
9:30 am - 2:30 pm
(central time zone)

Mammoth Cave National Park 1
Mammoth Cave Parkway
Mammoth Cave, KY 42259

Junior and Senior 4-Hers aged 9 to 18 are eligible to participate. In one day, the 4-Hers are taught and tested on the basics of tree identification, tree measurement, and the use of a compass and measuring distances by pacing.

- Cost is \$3 per participant (Agents must register youth through 4-H Online using the event title: Mammoth Cave Forestry Field Day)
- Registration Deadline - August 15
- Bring a sack lunch
- Wear sturdy shoes such as tennis shoes
- Event will be capped at 75 students



 Martin Gattton
College of Agriculture,
Food and Environment
Forestry and Natural
Resources

4-H FORESTRY



4-H Forestry Field Day: Land Between the Lakes

September 12, 2025
9:00 am - 2:00 pm
(central time zone)

Woodland Nature Station
3146 Silver Trail Rd
Cadiz, KY 42211

Junior and Senior 4-Hers aged 9 to 18 are eligible to participate. In one day, the 4-Hers are taught and tested on the basics of tree identification, tree measurement, and the use of a compass and measuring distances by pacing.

- Cost is \$3 per participant (Agents register youth through 4-H Online using the event title: Land Between the Lake Forestry Field Day)
- Registration Deadline - August 15
- Bring a sack lunch
- Wear sturdy shoes such as tennis shoes



 Martin Gattton
College of Agriculture,
Food and Environment
Forestry and Natural
Resources



FOR YOUTH,
AGED 9-18

IF NOT ENROLLED
IN 4-H, WE CAN
HELP WITH THAT!



FEE: \$25

DUE AT TIME OF
REGISTRATION OR
WITHIN 14 DAYS OF
REGISTRATION



4-H PROJECTS
WILL INCLUDE:

ACRYLIC
WATERCOLOR
B&W DRAWING
MIXED MEDIA
SKETCHBOOK



DATES:

(5:30-7:00 PM)

SEPTEMBER 15

OCTOBER 20

NOVEMBER 17

DECEMBER 15

JANUARY 19

(2:00-5:00 PM)



4-H VISUAL ARTS CLUB



REGISTER & PAY ONLINE!

[HTTPS://HARDIN.CA.UKY.EDU/EVENTS](https://hardin.ca.uky.edu/events)

ONLY 12 SPOTS AVAILABLE! DEADLINE TO REGISTER: 8-29-25

Cooperative
Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.
University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506



Disability
accommodated
with prior notification.



4-H CLOVER FEST 2025!

Free Event!
Open to all
Hardin County
families with
children ages 5
to 18!

Monday
September 22nd
5:00-7:00 p.m.

111 Opportunity Way
Elizabethtown

New to 4-H?
New to Hardin County?
Just curious what it's all about?

**Join us for activities,
information, and prizes!**

Meet current club leaders and members!



SEASONAL LAYERED FRUIT SALAD

INGREDIENTS

- ½ cup fruit A
- ½ cup fruit B
- ¼ cup vanilla or fruit flavored low-fat regular or whipped yogurt



DIRECTIONS

1. Select two different fruit to fit the season. Choose fresh, frozen or canned.
2. Using a clear 9-ounce cup, layer fruit and yogurt.

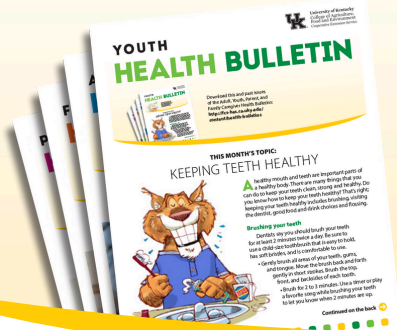
- Here are some fruit combination examples:
- Fall: Pineapple chunks, mandarin oranges, vanilla yogurt
- Winter: Blueberries, green grapes, blueberry yogurt
- Spring: Peaches, red grapes, peach yogurt
- Summer: Cantaloupe, blackberries, blackberry yogurt
- Patriotic: Blueberries, raspberries, vanilla yogurt
- Valentine: Watermelon chunks, raspberries, strawberry yogurt
- Christmas: Strawberries, sliced kiwi, vanilla yogurt

Source: Eat Smart to Play Hard: Catherine Webster, Simpson County 4-H Agent, University of Kentucky Cooperative Extension Service

170 calories; 0g total fat; 0g saturated fat; 0g trans fat; 0mg cholesterol; 30mg sodium; 41 total carbohydrate; 2g dietary fiber; 36g total sugars; 3g protein; 0% Daily Value of vitamin D; 2% Daily Value of calcium; 6% Daily Value of iron; 6% Daily Value of potassium

YOUTH

HEALTH BULLETIN



AUGUST 2025

Download this and past issues
of the Adult, Youth, Parent, and
Family Caregiver Health Bulletins:
[http://fcs-hes.ca.uky.edu/
content/health-bulletins](http://fcs-hes.ca.uky.edu/content/health-bulletins)

NAME County
Extension Office
000 Street Road
City, KY
Zip
(000) 000-0000

THIS MONTH'S TOPIC

THE VALUE OF FRIENDSHIP

Making and having friends is important because it helps us feel happy, learn new things, and grow into strong, confident people. Friends help us feel like we belong. They can support us when we feel lonely or sad. Friendship also teaches us how to share, solve problems, and understand how others think. These skills are important for getting along with others and doing well in school. As we grow up, these same skills help us make decisions about the kind of job we want, the relationships that are important to us, and our values.

Research shows that kids who have friends are more likely to enjoy school and do better in their classes. On the other hand, children who don't have friends may feel anxious or avoid school. Having friends also helps us feel



Continued on the next page ➔

**Cooperative
Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.
University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506



Disabilities
accommodated
with prior notification.

One good way to make new friends is to join activities like sports, clubs, or school events.

➔ Continued from the previous page

good about ourselves and gives us more chances to help others. Overall, making and keeping friends is a big part of growing up happy and healthy.

Friends can cheer you up when you're feeling sad, help you when you're having a hard time, and cheer with you when things go well. Friendships teach you how to be kind, fair, and honest. Sometimes friends might fight but learning to say "I'm sorry" or forgive someone is part of being a good friend. It's also OK if not every friendship lasts forever — people change, and that's normal. What matters most is treating others with respect and finding friends who do the same. Good friendships help you feel safe, happy, and confident as you grow up.

So, how do you make new friends? If you overthink this, it can feel harder than it is. The best way to make a friend is to be a friend!

You can make new friends by being kind, open, and willing to try new things. One good way is to



join activities like sports, clubs, or school events where you can meet other kids who like the same things. Saying "hi," inviting them to play a game or do an activity together, or giving a compliment can help start a conversation. You can also make friends by helping others, sharing, or being a good listener. It's important to smile, take turns, and show interest in what others are doing or saying. Being friendly and showing respect makes others feel comfortable and more likely to want to be friends. Even if it feels a little scary at first, trying to talk to someone new can lead to a great friendship!

REFERENCE:

<https://www.ncbi.nlm.nih.gov/books/NBK225544>

Written by: Katherine Jury, Extension Specialist for Family Health

Edited by: Alyssa Simms

Designed by: Rusty Manseau

Cartoon illustrations by: Chris Ware
Illustrations © University of Kentucky
School of Human Environmental

Sciences





AUGUST 2025






***Registration Required**

SUN	MON	TUE	WED	THU	FRI	SAT
Event Registration  https://hardin.ca.uky.edu/events		<div>Due to State Fair and New Program Year preparations, most clubs will not meet in August.</div>			1 EIS Back to School Bash	2
3	4	5	6	7	8	9
10	11 Trailblazers 6:30 pm 	12	13	14 State Fair Country Ham Contest (10 am) & Poultry Show (8:30 am)	15 Kentucky State Fair August 14-24 State Fair Rabbit Show 11 am	16 
17 State Fair Junior Fashion Revue	18	19	20	21	22	23
24 31	25 Club Leader Dinner & Training	26 Pick up State Fair Exhibits from the Extension Office	27	28	29	30

SEPTEMBER 2025



***Registration Required**

SUN	MON	TUE	WED	THU	FRI	SAT
 	<p>1</p> <p>New Program Year Begins Download enrollment form!</p> <p>https://hardin.ca.uky.edu/4h-youth-development</p>	<p>2</p>	<p>3</p>	<p>4</p>	<p>5</p>	<p>6</p>
<p>7</p>	<p>8</p> <p>*4-H Teen Leadership in Action</p>	<p>9</p> <p>*Cooking Basics 5:30 PM</p> 	<p>10</p>	<p>11</p>	<p>12</p>	<p>13</p>
<p>14</p>	<p>15</p> <p>*4-H Visual Arts Club 5:30 PM</p> 	<p>16</p> <p>4-H Council Meeting 6 PM</p> 	<p>17</p>	<p>18</p>	<p>19</p> <p>Heartland Quilt Show 19th-20th</p> 	<p>20</p>
<p>21</p>	<p>22</p> <p>4-H Clover Fest 5-7 PM</p> 	<p>23</p>	<p>24</p>	<p>25</p> <p>Vine Grove Bluegrass Festival 25th-27th</p> 	<p>26</p>	<p>27</p>
<p>28</p>	<p>29</p> <p>4-H Achievement Program Workshops 4:30 & 6 PM Dog Club Orientation 6 PM</p>	<p>30</p> <p>4-H Family Night at Crawford Farm</p> 				<p>Event Registration</p>  <p>https://hardin.ca.uky.edu/events</p>

4-H Participant Information/Enrollment Form

Please complete ALL sections.

I. General Information

Name:		School Name:		County:	HARDIN
Grade:		T-Shirt:			

II. Family Information

This is the primary information we will use to communicate with your 4-H member.

Family Name:		Family Email:	
Family Phone:		Family Address:	

III. Member Information

First Name:		Last Name:	
Preferred Name (optional):		Birthdate:	
Biological Sex:	<input type="checkbox"/> M <input type="checkbox"/> F	Residence:	<input type="checkbox"/> Farm <input type="checkbox"/> Town <10,000 or Rural Non-Farm <input type="checkbox"/> Town/City/Suburb 10,000-50,000 <input type="checkbox"/> City/Suburb >50,000 <input type="checkbox"/> City-Central >50,000
Hispanic/Latino:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Race:	<input type="checkbox"/> American Indian <input type="checkbox"/> Asian <input type="checkbox"/> Black <input type="checkbox"/> Native Hawaiian or Pacific Islander <input type="checkbox"/> White <input type="checkbox"/> Prefer not to say <input type="checkbox"/> Not Listed:

IV. Parent/Guardian 1 Information

Last Name:		First Name:	
Phone:		May we release personal information to this person?	<input type="checkbox"/> Yes <input type="checkbox"/> No

V. Parent/Guardian 2 Information

Last Name:		First Name:	
Phone:		May we release personal information to this person?	<input type="checkbox"/> Yes <input type="checkbox"/> No

VI. Other Emergency Contact

Name:		Relationship:	
Phone:		May we release personal information to this person?	<input type="checkbox"/> Yes <input type="checkbox"/> No

VII. Pick Up Information

In addition to the parent/guardian(s) and emergency contacts listed, please list the names of up to two additional people authorized to pick up the above referenced child. These individuals will not be contacted in case of an emergency, the parent/guardian(s) or emergency contact information will only be used. If an individual who is not listed on this form is permitted to pick up your child/children, the parent/guardian(s) will need to provide written permission (letter or email) to Extension personnel or approved volunteer responsible for the event/activity.

Name of First Person:		Relationship to 4-H Member:	
Phone:			
Name of Second Person:		Relationship to 4-H Member:	
Phone:			

VIII. Military Service (if none, skip this section)

Relationship to Member serving:		Branch of service	
Service Status:	<input type="checkbox"/> Active Duty <input type="checkbox"/> National Guard <input type="checkbox"/> Reserves <input type="checkbox"/> Other:		



IX. Health History

Does the participant have, or at any time has had, any of the following? Check "Yes" or "No" to each item. Please explain any "Yes" answers in the space below or an additional sheet if necessary. Reporting conditions allow Extension personnel and approved volunteers to best support your young person and will be kept confidential.

Allergies

1.Serious Allergy to Insects	<input type="checkbox"/> Yes <input type="checkbox"/> No
2.Serious Allergy to Dairy	<input type="checkbox"/> Yes <input type="checkbox"/> No
3.Serious Allergy to Gluten	<input type="checkbox"/> Yes <input type="checkbox"/> No
4.Serious Allergy to Nuts	<input type="checkbox"/> Yes <input type="checkbox"/> No
5.Other Allergy(Please explain)	<input type="checkbox"/> Yes <input type="checkbox"/> No

Please explain any "yes" responses, including medications for any allergies:

The following over the counter medications may be administered to my child without contacting me:

Acetaminophen:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Antacid:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Antihistamine Pill:	<input type="checkbox"/> Yes <input type="checkbox"/> No
Decongestant:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Dramamine:	<input type="checkbox"/> Yes <input type="checkbox"/> No	Hydrocortisone Cream:	<input type="checkbox"/> Yes <input type="checkbox"/> No
Ibuprofen (Advil)	<input type="checkbox"/> Yes <input type="checkbox"/> No	Polysporin (topical antibiotic)	<input type="checkbox"/> Yes <input type="checkbox"/> No		

Conditions

1.Asthma	<input type="checkbox"/> Yes <input type="checkbox"/> No	6.Fainting	<input type="checkbox"/> Yes <input type="checkbox"/> No	11.Wear Glasses/Contacts?	<input type="checkbox"/> Yes <input type="checkbox"/> No
2.Bronchitis	<input type="checkbox"/> Yes <input type="checkbox"/> No	7.Headaches	<input type="checkbox"/> Yes <input type="checkbox"/> No	Please explain any "yes" responses, including medications taken for any conditions:	
3.Convulsions	<input type="checkbox"/> Yes <input type="checkbox"/> No	8.Heart Condition	<input type="checkbox"/> Yes <input type="checkbox"/> No		
4.Diabetes	<input type="checkbox"/> Yes <input type="checkbox"/> No	9.Hypoglycemia	<input type="checkbox"/> Yes <input type="checkbox"/> No		
5.Ear Infection	<input type="checkbox"/> Yes <input type="checkbox"/> No	10.Other Conditions	<input type="checkbox"/> Yes <input type="checkbox"/> No		

Please explain any restrictions (dietary, physical, etc) OR social, emotional, and/or behavioral health information needed:

X. Communication

I acknowledge and agree that, although my child may participate in 4-H programs delivered in school settings, the University of Kentucky Cooperative Extension Service is a separate entity from my child's school and school district. I understand and agree that employees and approved volunteers of the Cooperative Extension Service may communicate electronically with my child outside the school's traceable communication system regarding 4-H clubs, programs, activities, and events following guidelines established by the University of Kentucky, state, and federal regulations for the Land Grant Cooperative Extension Service. (Initials)

XI. REVIEW CONFIRMATION SIGNATURE

All information provided on this form is correct and complete to the best of my knowledge. This person has permission to engage in all events and activities. I hereby give permission to the event designee to provide routine health care, administer prescription and over the counter medications as noted and seek emergency medical treatment if warranted. I agree to the release of all records necessary for medical treatment, billing, or insurance. In the event I cannot be reached in an emergency, I give permission to the attending physician to secure and administer treatment, including hospitalization.

PARENT/GUARDIAN: _____ DATE: _____

XII. SURVEY & EVALUATION RELEASE

I hereby establish my willingness to participate as an adult (i.e., 4-H leader, other volunteer, parent/ guardian, site manager, etc.) and give permission for my child (under 18 years of age) to complete surveys and evaluations that will be used to determine program effectiveness or to promote the program. I understand that participation in surveys and evaluations is voluntary and that my child and I may choose not to participate and may withdraw from surveys and evaluations without impact on my or my child's eligibility to participate in the 4-H program. I understand that my child or I may be asked for consent before completing a survey or an evaluation.

☐ Yes ☐ No I am willing to participate or give permission for my child to participate in any program evaluation. ☐ (Initials)

XIII. PERMISSION TO PARTICIPATE

I acknowledge that my child is participating in 4-H programs for their own personal benefit and that my child will participate in recreational and other activities as part of 4-H programs. I understand that some activities may have inherent dangers and physical risks and that no amount of care, caution, instruction, or expertise can completely eliminate them. I assume responsibility for all risks, known and unknown, involving my child's participation in 4-H programs and I voluntarily authorize my child's participation in reliance upon my own judgment and knowledge of my child's experience and capabilities. I hereby agree to indemnify and hold harmless the University of Kentucky Cooperative Extension Service and all related parties from any liability, losses, costs, damages, claims or causes of action of any kind or nature arising from or related in any way to my child's participation in 4-H program. ☐ (Initials)

XIV. RELEASE

I hereby grant the 4-H program, University of Kentucky and their agents, the right to use, reproduce, assign, and/or distribute still pictures, video, and sound recordings of myself or my minor child without compensation for use in promotion, advertising, educational publications or online content.

PARENT/GUARDIAN _____ ☐ NO, I DO NOT PERMIT

XV. 6th-12th Grade Participants:

Want more information from the University of Kentucky, Martin-Gatton College of Agriculture, Food and Environment?

☐ YES, please share my information!

4-H Youth Development Code of Conduct Form

All 4-H members and family/friends/caretakers associated with 4-H members must respect the individual rights, safety and property of others and adhere to this Code of Conduct, University, state and federal guidelines. A 4-H member may be prohibited from participating in a specific event/program if the participation by the individual poses a danger to the 4-H member and/or others. Safety of all involved in 4-H programs is top priority, the following guidelines are designed to ensure all involved understand their role in participating in a safe and educational environment for all.

WHILE ENROLLED AS A 4-H MEMBER:

- To be a member in good standing it is expected that the 4-H participant attends planned sessions, workshops, field trips, and meetings associated with their enrollment. To be eligible for cumulative events in 4-H, members must complete at least six hours of education in the core program area they are participating in under the expectations laid out by the 4-H program.
- Dress codes will be specific to individual events/programs/activities.
- The possession and use of alcoholic beverages, tobacco products, vape juice and/or devices, and/or drugs (except for medications prescribed to the participant by a licensed physician, with proper paperwork and accommodations made) are prohibited.
- Possession of firearms not for educational use is prohibited.
- Setting of fire alarms and tampering with fire extinguishing and other emergency equipment are prohibited.
- Gambling of any type is prohibited.
- Respect toward others and facilities shall be demonstrated. Bullying, harassment of others or destruction of property shall not be tolerated. Bullying and harassment can include the use of social media.
- Physical violence is not tolerated.
- Obscene, discriminatory and/or inappropriate language, roughhousing, and insubordination are prohibited at all times.
- Display of overly affectionate or inappropriate attention between participants is prohibited.
- Technological equipment (including but not limited to cell phones, cameras, laptops, or mp3 players) shall not interfere with the program and may not be allowed in certain situations.
- Articles of clothing which display profanity, products, or slogans which promote tobacco, alcohol, drugs, sex, or are in any other way distracting, are prohibited.
- Additional expectations may be required based on the activity/program/event the 4-H member is participating in.

WHILE ATTENDING OVERNIGHT 4-H EXPERIENCES THE FOLLOWING WILL ALSO APPLY:

- All participants must follow the agenda and expectations that are set forth by the program planners. Chaperones/adult volunteers will actively monitor all participants.
- All participants are to be in their assigned area at curfew and comply with quiet hours, lights out, and other rules of the event. Chaperones/adult volunteers will actively monitor all participants based on Client Protection and Risk Management Standards.
- No member or volunteer may leave the event/activity/program without the permission of the event planner or adult in charge. An adult shall accompany a 4-H member at any time they leave the grounds. Adults shall notify another adult before leaving the grounds.
- At overnight events, only conference participants may be in sleeping areas. Individuals may only be in their assigned sleeping area. Lounges or common areas may be used only for working committees and social activities.

Any violations of this Code of Conduct, University, state and federal policies shall be reported promptly to the chaperone for the individual and to the person in charge of the event. The person in charge of the event shall have the final responsibility for disciplinary action with support from UK CES administration. Failure to comply with the Code of Conduct, University, state and federal policies by 4-Hers and family/friends/caretakers associated with the 4-H participant may result in penalty including, but not limited to, the following:

- Sent home from the activity or event at their own expense.
- Barred from participation from future 4-H events.
- Assessed the cost of damages for destruction of property.

I, _____, have read the Code of Conduct and agree to abide by its rules.
(Print Name)

I understand that infraction of this Code of Conduct will result in any or all of the penalties listed above.

Member: _____ County: _____

Parent/Guardian: _____ Date: _____



JOCELYN KEMP & DEANA K. REED

County Extension Agents for 4-H Youth Development Education

STEPHANIE MEREDITH

County 4-H Program Assistant

4-H "SPARK" INTEREST

Placing a check by a topic only indicates your *interest* in the club/project/activity.

To become a member of a club, you must attend a club meeting.

CLUBS: *meet on a regular basis (monthly) during the school year:*

- | | | |
|--|--|---|
| <input type="checkbox"/> Cloverbuds (ages 5-8) | <input type="checkbox"/> Rabbit & Poultry Club | <input type="checkbox"/> Trailblazer's Horse Club |
| <input type="checkbox"/> Bee Club | <input type="checkbox"/> Sewing Club | <input type="checkbox"/> Cooking Club |
| <input type="checkbox"/> Homeschool Club | <input type="checkbox"/> Shooting Sports Club | <input type="checkbox"/> Fiber Arts Club |
| <input type="checkbox"/> Livestock Club | <input type="checkbox"/> Teen Club (8-12 grades) | |
| <input type="checkbox"/> Paws Dog Club | <input type="checkbox"/> Art Club | |

PROJECTS: *meet on a short-term basis and/or can be completed at home on your own*

Animal Science -

- ☐ Country Ham

Natural Resources -

- ☐ Environment
☐ Forestry
☐ Gardening/Horticulture

Family & Consumer Science -

- ☐ Babysitting
☐ Cooking Project
☐ Sewing
☐ Entrepreneurialship

Other -

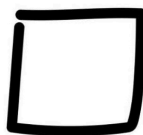
- ☐ Visual Arts & Craft
☐ Leadership/Citizenship
☐ Photography
☐ Robotics
☐ Wood Science
☐ STEAM (science, technology, engineering, art & math)

ACTIVITIES: *meet for a specific date (s) and/or are completed at home on your own*

- | | |
|--|---|
| <input type="checkbox"/> 4-H Camp | <input type="checkbox"/> Written Communications Contest |
| <input type="checkbox"/> Poetry Contest | <input type="checkbox"/> Fair Project Days (varying topics) |
| <input type="checkbox"/> Poster Contest | <input type="checkbox"/> Summer Day Camps (varying topics) |
| <input type="checkbox"/> Speech & Demonstration | <input type="checkbox"/> KY 4-H Achievement Program |
| <input type="checkbox"/> Teen Leadership (grades 6-11) | |

NOT SURE WHICH CLUB YOU WANT TO JOIN?

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