

Hardin County 4-H



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



NEWSLETTER

December 2022



Cooperative Extension Service

Hardin County
111 Opportunity Way
Elizabethtown, KY 42701
(270) 765-4121
Fax: (270) 769-0426
hardin.ca.uky.edu

Hello Hardin County!

*My name is **Jocelyn Kemp** and I am thrilled to be a part of the community as your new 4-H Youth and Development Extension Agent! I have already met a lot of you during my time volunteering with 4-H activities as well as being the Family and Consumer Sciences Program Assistant in the past. Now I am ready to take on this new role and be the best 4-H Agent I can be for you!*

I wanted to include a little more information about myself. I was born and raised in Albuquerque, New Mexico. I received a Bachelor of Animal Science with an emphasis in Equine Science from New Mexico State University and a Masters in Extension Education from Colorado State University. I moved to Kentucky nearly 4 years ago to Fort Knox as an Active Duty military spouse. My husband is finishing his military career and we have embraced this community as our own and decided to stay in this area! We have a 10 year old son and a 1 year old daughter and our 2 dogs to make up our little family.

I hope to meet you all soon and do not hesitate to reach out to me with questions or just to meet!

Happy holidays!

*Jocelyn Kemp
Hardin Co Extension Agent
for 4-H Youth Development*

Join us for the Winter Dash!

December 1 - February 28

I am excited to share that we will be doing the Kentucky 4-H Winter Dash again this year! This program is intended to help young people and adults in their lives stay active during the winter months.

The Kentucky 4-H Winter Dash is a self-paced marathon that goes from December 1 to February 28.

Sign up for this program by tracking your miles via the qualtrics link

https://uky.az1.qualtrics.com/jfe/form/SV_37Cv63xUiTB1F DU. There is no deadline, they can start participation at any time. Those that log 26 miles will earn a medal.



Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.



MERRY MORNING MINGLE

OPEN TO 4-HERS 9-18

**HOLIDAY COOKIE DECORATING,
REINDEER GAMES, TRIVIA, HOT
CHOCOLATE BAR, MAKE & TAKE
(LIGHT BREAKFAST INCLUDED)**

9 am - Noon

**Monday, December 19th
Hardin Co. Extension Office
111 Opportunity Way, Elizabethtown**

SPACE IS LIMITED.

**CONTACT SUE ANN OR JOCELYN TO REGISTER
270-765-4121, SUE.ANN.MCCANDLESS@UKY.EDU,
JOCELYN.KEMP@UKY.EDU**



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HEY KIDS!! COME MAKE A GIFT FOR YOUR FAMILY



HANDMADE

Holidays

PICK ONE



TUE DEC 20 1-3P
WED DEC 21 4-6P



Signup by Dec 16 at 270.765.4121
seating is limited

We will be making 5 gifts and wrapping them
while sharing a light snack & cocoa
Cost \$5/person suggested for ages 9 and up



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4-H COUNTRY HAM PROJECT



SIGN UP TODAY!



- 4-H members will receive 2 hams to cure, they learn how to cure ham and hang their hams for 8 months.
- After the hams are cured, youth are required to give a presentation on a specific topic related to country hams.
- Youth are required to give a 3-5 minute presentation at the KY State Fair on August 17, 2023
- Youth must get 6-hours of classroom instruction to compete at State Fair. We will have monthly meetings after school at Extension Office.
- Any youth 9-18 years old may participate.

COST: \$60 - To register email sue.ann.mccandless@uky.edu

*Cloverbuds & Adults may also participate in curing a ham, \$40 for one ham. Contact for more details.



NEW YEAR! NEW CLUB!

4-H BEE CLUB

JANUARY 3, 2023

5:00 P.M. - 6:00 P.M.

Hardin County Extension Office
111 Opportunity Way
Elizabethtown, KY 42701



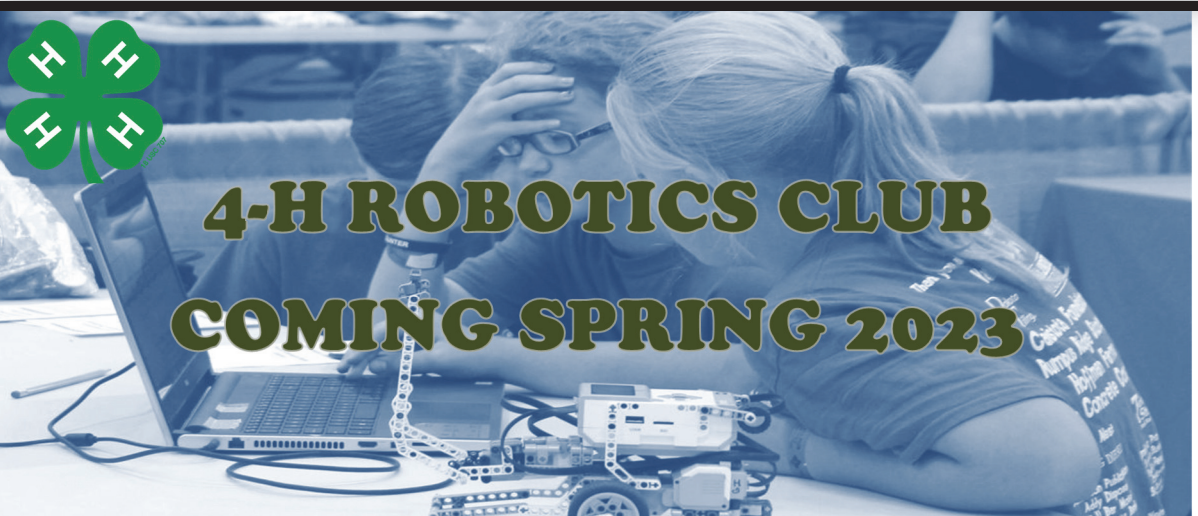
"Bee" thinking of a club name!

MARK YOUR CALENDERS

Led by members of the
Hardin County Beekeepers Association!



4-H ROBOTICS CLUB COMING SPRING 2023



'tis the season

GIVE A CHILD THE GIFT OF 4-H SUMMER CAMP

**FLASH
SALE**



EARLY BIRD REGISTRATION
\$260

Gift Certificates may be purchased in any amount towards the camp fee of \$275.

Or take advantage of the early bird special at \$260 by purchasing by December 20.

Save
the
Date

4-H
Summer
Camp



JULY 17-21,
2023



Come & join us for the Summer exciting outdoor event to keep your children moving and having fun!



2023 POSTER & ESSAY CONTEST

"Kentucky Agriculture is Everywhere"



Kentucky students are invited to enter the Kentucky Department of Agriculture's (KDA) annual Poster and Essay Contest, Commissioner of Agriculture Dr. Ryan Quarles has announced.

The theme of the 2023 contest is "Kentucky Agriculture is Everywhere," encouraging contestants to illustrate in words or pictures how agriculture impacts their everyday world.

"Agriculture is everywhere. It's in the things we eat, the things we wear, the places we live," Commissioner Quarles said. "Emphasizing the importance agriculture plays in our everyday lives reveals its importance in all we do and have. This year's contest allows students to give that knowledge greater thought."

Students in grades K-12 may submit a poster, an essay of 500 words or less, or a digital entry, which may be photos or original digital artwork. Each entry must include the actual written theme and be postmarked by Friday, March 3, 2023.

Winners will be notified by Friday, April 14, 2023. Winners in the poster and essay competitions will be selected in each grade. One statewide winner will be selected for digital artwork. Each winner will receive a \$100 award from Kentucky Agriculture and Environment in the Classroom and will be recognized at the 2023 Poster and Essay Contest Awards Ceremony next year. Winning entries will be displayed in Commissioner Quarles' Frankfort office and at the 2023 Kentucky State Fair in August in Louisville.

For more information, including complete contest rules and an entry form, go to <https://www.kyagr.com/marketing/poster-essay-contest.html> or contact Elizabeth Gordon, director of the KDA's Education and Outreach Division, at Elizabeth.Gordon@ky.gov or (502) 782-4125.



December 2022 Upcoming Events

8

TARGET MASTERS SHOOTING SPORTS
4-H SHOOTING SPORTS CLUB MEETING - 6:30 P.M.
Contact Leann Davidson - leanndavidson22@gmail.com

12

PAWS DOG CLUB
4-H DOG CLUB MEETING - 6:00 P.M. - Extension Office
Contact Rebecca Otjen - Otjen4@icoud.com or
Mary Tiepen - troymary7867@att.net

12

TRAILBLAZERS HORSE CLUB
4-H HORSE CLUB MEETING - 6:30 P.M.- Extension Office
Contact Christy Douglass -standingoakranch@gmail.com

13

LIVESTOCK CLUB
4-H LIVESTOCK CLUB MEETING - 6:30 P.M.
Contact Teresa Shumate - sorryfarm@gmail.com or
Shaune Williams - shaune.williams@hardin.kyschools.us

14

HARDIN COUNTY 4-H COUNCIL
Hardin County Extension Office - 6:00 P.M.
Contact Sue Ann McCandless -
sue.ann.mccandless@uky.edu

17

4-H CLOVERBUDS CLUB
Cloverbuds Club Meeting - 10:00 A.M. - Extension Office
Must have pre-registered.

19

MERRY MORNING MINGLE
4-H HOLIDAY CRAFTS AND MORE
Contact Sue Ann - sue.ann.mccandless@uky.edu OR
Jocelyn - jocelyn.kemp@uky.edu

20

4-H HOMEMADE HOLIDAYS
December 20 1-3 pm OR 21 4-6 pm - Extension Office
Contact Hardin Co Ext Office (270) 765-4121 - Cost: \$5.00



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SUE ANN MCCANDLESS
County Extension Agent for 4-H/Youth Development

JOCELYN KEMP
County Extension Agent for 4-H/Youth Development

STEPHANIE MEREDITH
4-H Program Assistant

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Disabilities
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January 2022 Upcoming Events

3

BEEKEEPING CLUB
Hardin County Extension Office - 4:30 P.M.
Contact Sue Ann McCandless -
sue.ann.mccandless@uky.edu

9

PAWS DOG CLUB
4-H DOG CLUB MEETING - 6:00 P.M. - Extension Office
Contact Rebecca Otjen - Otjen4@icoud.com or
Mary Tiepen - troymary7867@att.net

5

FEATHERS AND FLUFF
4-H RABBIT & POULTRY CLUB
Contact Jordan Olson - jordanandlace@hotmail.com

9

TRAILBLAZERS HORSE CLUB
4-H HORSE CLUB MEETING - 6:30 P.M.- Extension Office
Contact Christy Douglass -standingoakranch@gmail.com

9

BEGINNER & ADVANCED SEWING
January 9, 23, 30 - 4:00 - 6:00 p.m.- Extension Office
Must have pre-registered.

10

LIVESTOCK CLUB
4-H LIVESTOCK CLUB MEETING - 6:30 P.M.
Contact Teresa Shumate - sorryfarm@gmail.com or
Shaune Williams - shaune.williams@hardin.kyschools.us

12

TARGET MASTERS SHOOTING SPORTS
4-H SHOOTING SPORTS CLUB MEETING - 6:00 P.M.
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Reindeer Snacks



Ingredients:

- 3 celery stalks
- ¼ cup peanut butter
- 12 raspberries
- 24 raisins or mini chocolate chips
- 24 mini pretzel twists

Directions:

1. Cut each stalk of celery into 4 pieces.
2. Fill the cavity of each celery piece with approximately one teaspoon of peanut butter.
3. Place a raspberry on the end for a nose and add two raisins or chocolate chips for eyes. Break pretzel twists to look similar to antlers and add to the top of each snack.

Source: Eat Smart to Play Hard: Brooke Jenkins, Extension Specialist, University of Kentucky Cooperative Extension Service

110 calories; 7g total fat; 2g saturated fat; 0g trans fat; 160mg sodium; 11g total carbohydrate; 2g dietary fiber; 4g total sugars; 3g added sugars; 3g protein; 0% Daily Value of vitamin D; 2% Daily Value of calcium; 6% Daily Value of iron; 2% Daily Value of potassium

WINTER WEATHER NOTICE

As most of you know Mother Nature can be very tricky this time of year and can sometimes cause dangerous driving conditions. Therefore, I would like to remind you that if **SCHOOL** is **CANCELED** due to bad weather conditions, **ALL 4-H CLUB MEETINGS, ACTIVITIES AND EVENTS ARE AUTOMATICALLY CANCELLED AS WELL.** In the event that school is not closed but threatening weather conditions exist, please call the Extension Office at **(270) 765-4121** or listen to the local radio station for cancellation announcements .



Snowman Word Search

COAL	SNOW	E	O	Y	C	Q	V	B
CARROT	STICKS	T	O	R	R	A	C	T
SCARF	TOP HAT	S	K	C	I	T	S	O
		M	D	D	C	Q	G	P
		C	S	N	O	W	R	H
		K	F	R	A	C	S	A
		F	C	M	L	V	W	T



Chicken Scratch NY

Sincerely,

Sue Ann McCandless *Jocelyn Kemp*

Sue Ann McCandless & Jocelyn Kemp
Hardin County Extension Agents
For 4-H Youth Development Education

sue.ann.mccandless@uky.edu
jocelyn.kemp@uky.edu

