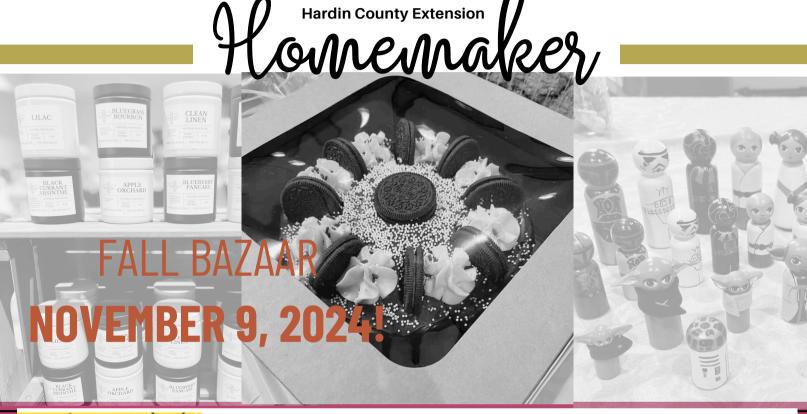


>>> HARDIN COUNTY EXTENSION FCS NEWSLETTER <<<

THE HAPPY, HEALTHY





Hardin County Extension Homemaker President

Cherie Mingus receives recognition

Retired HCS teacher to be honored at UK

A longtime Hardin County Schools teacher will be one of three women inducted this week into the University of Kentucky School of Human Environmental Sciences Hall of Fame.

NEWSLETTER NEED TO KNOWS: <<<

The Hardin County Extension Office is offering a Master Gardener class January through March 2025. For more information or an application contact the office at 270-765-4121.

October 28 is Trunk or Treat - If you have grandchildren <u>or if</u> your club wants to set up please let us know

Next HM Council Meeting is Nov.6th



AREA ANNUAL MEETING
Friday October 25, 2024

at the Marion County
Extension Office
See you there!

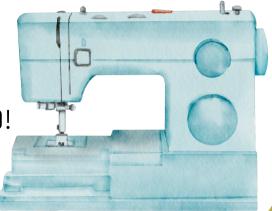


Sleep in Your Bed Onitting or Sewing Retreat

OCTOBER 31, NOVEMBER 1, NOVEMBER 2, NOVEMBER 3 9:00 AM - 9:00 PM EACH DAY

COST: ONE NON-PERISHABLE FOOD ITEM FOR EACH DAY FOR THE BLESSING BOX

BRING ANY PROJECT YOU ARE WORKING ON!
CAN BE QUILTING OR SEWING! COME ENJOY
A FEW DAYS WITH LIKE MINDED FRIENDS
WHO ARE WORKING ON THEIR PROJECTS TOO!
BUT THEN SLEEP IN YOUR BED EACH NIGHT!



Caregiver Support Group

OCTOBER 23
NOVEMBER 20
DECEMBER 18
EACH MEETING IS FROM
1:00 - 3:00 PM

- A SPEAKER STARTS THE MEETING EACH MONTH WITH THE SECOND HOUR
- FOR SHARING OF
- EXPERIENCES!



Golden Hears WAS ANOTHER HUGE SUCCESS!



THANK YOU TO OUR SPONSOR ENCOMPASS HEALTH!



Encompass Health

Rehabilitation Hospital of Lakeview

THANK YOU TO REGINA AND THE COMMITTEE



This conference was hosted in honor of Mavis Hart.
MOTHER OF REGINA GOODMAN
JUNE 8, 1935 - OCTOBER 10, 2021



BIKES AND TRIKES

10:00 AM - 12:00 PM

>>> OCTOBER 8

Bring your kids or grandkids for a fun morning at the office. Bring their bikes AND helmets!



LESSON LEADER TRAININGS:

OCTOBER 21
HEALTHY HOLIDAY MEALS
10:00 AM AT OUR OFFICE

NOVEMBER 19

QUILTED STAR ORNAMENT 1:30 PM IN LARUE COUNTY

GRANDCHILDREN - GRAND COOKS
10:30 AM AT OUR OFFICE

HOMEMAKER LESSONS ARE OPEN TO THE PUBLIC

WALKTOBER

FREE TO REGISTER (CALL THE OFFICE)
KEEP TRACK OF STEPS DURING MONTH OF OCTOBER

>>> TURN IN ON OCTOBER 31 AT THE DRIVE THRU PARTY OR ONLINE!

COOKING THROUGH THE CALENDAR

LAST MONDAY OF EVERY MONTH AT 1:00 P.M. AT THE HARDIN COUNTY PUBLIC LIBRARY

>>> OCTOBER 28
NOVEMBER 25
DECEMBER 16**



NEW!! 4-H TREASURES CLUB

AGES 9-18 - FREE TO ENROLL MEETING TIME: 5:30 P.M.

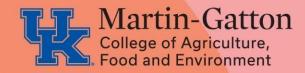
FOR MORE INFORMATION AND TO REGISTER CALL 270-765-4121





SET YOUR CLOCKS
BACK ONE HOUR
SUNDAY, NOVEMBER 3







WITS WORKOUT

An engaging, interactive, and educational brain health program

Work out your brain. Age healthy.

Hardin County Cooperative Extension presents

WITS WORKOUT

at the Hardin County Public Library 3:00 pm on these Mondays in November and December:

> November 4, 18 and 25 December 2, 9, and 16 at 3:00 pm

at the Hardin County Public Library

100 Jim Owen Drive, Elizabethtown



Lexington, KY 40506

COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES

Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.





Hardin County Extension Homemakers Year at a Glance
SEP OCT NOV DEC JAN FEB MAR APR MAY JUNE JULY AUG STATE office CONTESTS SCHOLARSHIP CLOSED DUE DUE PRSDNTS LNCH 02 LABOR DAY WITS WORKOUT COUNTY DIRECTOR AREA CNCL MTG INTERVIEWS LATE DUES COUNCIL MTG 04 WITS WORKOUT DUE INTRNTNL DAY AREA CNCIL 0.5 MTG KEHA STATE COUNTY FAIR 06 MEETING ENTRY DAY CNCL MTG ΠΥΔΤΤ COUNTY FAIR 07 REGENCY ENTRY DAY COUNTY FAIR LEXINGTON JUDGING 09 BIKES AND TRIKES WITS WORKOUT BAZAAR!! 10 COUNTY RSVP DEADLINE AREA COUNCIL П FOR AREA WITS WORKOUT MEETING SNOW ANNUAL ANNUAL MEETING DATE MEETING 12 COUNTY FAIR 13 KEHA WEEK PICK UP DAY SPRING REPORTS 15 KEHA WEEK BAZAAR!! DUE ONLINE 16 KEHA WEEK WITS WORKOUT 17 KEHA WEEK 18 KEHA WEEK WITS WORKOUT 19 POP CLUB LNSN LDR TRNG STITCHERS office 20 QUILT SHOW CLOSED LESSON LEADER LSN LDR 21 QUILT SHOW TRAINING TRNG COUNTY CULTURAL LSN LDR 22 TRNG ARTS CONTEST 23 LSN LEADER AREA CULTURAL 24 TRAINING ARTS CONTEST 25 GOLDENYEARS ANNUAL MTG WITS WORKOUT OFFICE CLOSED 26 office closed LSN LDR TRNG 27 OFFICE CLOSED 28 OFFICE CLOSED OFFICE CLOSED 29 office closed office closed COOKING THRU 30 OFFICE CLOSED THE CAL LSN LDR 31 OFFICE CLOSED TRNG



Cultural Arts Categories.

- 1. Sewing: a. Basic, b. Specialty, c. Accessory, d. Basic Home Decor, e. Specialty
- 2. Art, 3D: a. Carving, b. Sculpture
- 3. Art, Natural: a. Wood, b. Other
- 4. Art, Recycled (include a before picture): a. Clothing, b. Household, c. Other
- 5. Basketry: a. Cane, b. Dyed Material, c. Miniature, d. Novelty, e. Plain
- 6. Beading: a. Bead Weaving, b. Non-jewelry Item/Wearable, c. Misc
- 7. Ceramics: a. Hand-formed, b. Molded, c. Pre-Made
- 8. Counted Cross Stitch: a. 14 Count and under, b. 16-22 Count
- 9. Crochet: a. Accessories, b. Fashion, c. Home Decor and Afghans, d. Thread
- 10. Doll/Toy Making: a. Cloth, b. Handmade other c. Porcelain/China
- 11. Drawing: a. Pastels, b. Pen + Ink, c. Pen + Ink with Oil Roughing, d. Pencil/Charcoal Black, e. Pencil Color
- 12. Embroidery: a. Basic, b. Candle Wicking, c. Crewel, d. Machine, e. Ribbon, f. Smocking, g. Swedish, h. Tatting/Lace Making, i. Chicken Scratch, j. Punch Needle (under 60"), k. Misc
- 13. Felting: a. Needle Method, b. Wet Method
- 14. Holiday Decorations: a. Autumn, b. Spring, c. Summer, d. Winter
- 15. Jewelry: a. Beaded, b. Mixed Media, c. Original Design
- 16. Knitting (Hand): a. Accessories, b. Fashion, c. Home Decor + Afghans
- 17. Knitting (Other loom made)
- 18. Needlepoint: a. Cloth Canvas, b. Plastic
- 19. Painting, Art: a. Acrylic, b. Oil, c. Watercolor
- 20. Painting, Decorative: a. Metal, b. Wood, c. Other
- 21. Photography: a. Black and White, b. Color
- 22. Quilts: a. Baby or Lap (hand quilted), b. Baby or Lap (machine quilted),
 - c. Hand Applique (hand quilted), d. Hand Pieced (hand quilted),
 - e. Machine Applique (machine quilted) f. Machine Pieced (hand quilted)
 - g. Machine Pieced (machine quilted), h. Novelty (hand quilted),
 - i. Novelty (machine quilted), j. Technology Based (hand or machine quilted),
 - k. Misc (hand or machine quilted)
- 23. Paper Crafting: a. Card Making, b. Origami, c. Quilling, d. Scrapbooking
- 24. Rug Making: a. Braided, b. Hooked, c. Punch Needle (over 60") d. Woven
- 25. Wall or Door Hanging: a. Fabric, b. Other, c. Diamond Art Mosaic
- 26. Weaving: a. Hand (macrame, caning), b. Loom (includes pin weaving)
- 27. Misc. (Items not included in any other category)



CULTURAL ARTS CONTEST: OCTOBER 22 AT 9:00 AM

