


Hardin County 4-H

 Cooperative
Extension Service

Cooperative Extension Service
Hardin County
111 Opportunity Way
Elizabethtown, KY 42701
(270) 765-4121
Fax: (270) 769-0426
hardin.ca.uky.edu



NEWSLETTER SEPTEMBER 2025



4-H CLOVER FEST 2025!


**New to 4-H?
New to Hardin County?
Just curious what it's all about?**

**Join us for activities,
information, and prizes!**

Meet current club leaders and members!

**Monday
September 22nd
5:00-7:00 p.m.**

**111 Opportunity Way
Elizabethtown**



Jocelyn Kemp

Hardin County Extension Agents
For 4-H Youth Development Education
jocelyn.kemp@uky.edu / deanakreed@uky.edu

Deana K Reed





Cooperative
Extension Service

4-H Youth
Development



A new program year starts September 1st.



**All new and returning members
must complete a
2025-2026 enrollment form.**



Visit the Hardin County Extension Service Office
or download a copy at
<https://hardin.ca.uky.edu/4h-youth-development>



Contact our 4-H Agents for more information!



Jocelyn Kemp
jocelyn.kemp@uky.edu



Deana K. Reed
deanakreed@uky.edu



(270) 765-4121
111 Opportunity Way, Elizabethtown, KY 42701



**FROM THE COVER: All Hardin County families with children ages 5-18 are invited to
4-H Clover Fest 2025!**

What do kids do in 4-H? You can go to camp, learn to shop wisely, give a demonstration, grow vegetables, hatch an egg, make bread, give a speech, or cure a ham. You can perform in a skit, build a birdhouse, start a business, raise an animal, take pictures, or learn about electricity. You can decorate a room, be part of an international exchange, learn to sew, or protect the environment. And there's more! In 4-H, you will find your SPARK! In short, you can build your 4-H activities around your own talents and interests.



Cooperative
Extension Service

4-H Youth
Development

FALL

4-H FUN



SEPTEMBER 30TH AT 5PM



**PUMPKIN PATCH, ANIMALS,
TRICYCLE RACES & MORE**



FREE FOR 4-H FAMILIES

**HAYRIDES & FOOD
AVAILABLE FOR PURCHASE**

Crawford Farms
3999 Hodgenville Rd
Elizabethtown

**PLEASE SIGN IN
UPON ARRIVAL**

EQUAL OPPORTUNITY ORGANIZATION

HARDIN COUNTY 4-H PRESENTS

4-H ART DAY CAMP

SPOOKY SEASON

OCTOBER 13, 2025 • 10 AM - 1 PM

HC EXTENSION OFFICE • ONLY \$15 – BRING A LUNCH



FOR YOUTH, AGES 9-18

20 SPOTS AVAILABLE

DEADLINE TO REGISTER: 9/30/25

REGISTER ONLINE AT:

HARDIN.CA.UKY.EDU/EVENTS



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Visit hardin.ca.uky.edu
for more information about each
club and how to join.



Hardin County 4-H Beginner Beekeepers



2025-2026

DATES

September 2
October 7
November 4
December 2
January 6

February 3
March 3
April 14
May 5
June 2
July 7

TIME

5:30 PM

LOCATION

Hardin County Extension Service
111 Opportunity Way
Elizabethtown, KY 42701



Hardin County 4-H PAWS DOG CLUB



2025-2026

DATES

September 29
October 13
November 10
December 8
January 12

February 9
March 9
April 13
May 11
June 15

TIME

6:00 PM

LOCATION

Hardin County Extension Service
111 Opportunity Way
Elizabethtown, KY 42701

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Hardin County 4-H Feathers & Fluff



2025-2026

DATES

September 4
October 2
November 6
December 4
January 8

February 5
March 5
April 2
May 7
June 4

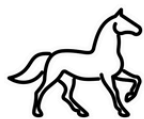
TIME

6:30 PM

LOCATION

Hardin County Extension Service
111 Opportunity Way
Elizabethtown, KY 42701

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Hardin County 4-H Trailblazers 2025-2026



DATES

October 13	March 9
November 10	April 13
December 8	May 11
January 12	June 8
February 9	

TIME

6:30 PM

LOCATION

Hardin County Extension Service
111 Opportunity Way
Elizabethtown, KY 42701



Hardin County 4-H Teen Club 2025-2026



DATES

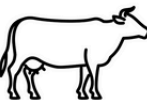
October 20	March 16
November 17	April 20
December 15	May 18
January 26	

TIME

6:00PM

LOCATION

Hardin County Extension Service
111 Opportunity Way
Elizabethtown, KY 42701



Hardin County 4-H Livestock Club 2025-2026



DATES

October 14	February 10
November 11	March 10
December 9	April 14
January 13	May 12

TIME

6:30 PM

LOCATION MAY VARY

Hardin County Extension Service
111 Opportunity Way
Elizabethtown, KY 42701



Hardin County 4-H Target Masters 2025-2026



DATES

October 9	April 9
January 8	May 14
February 12	June 11
March 12	

TIME

6:00 PM

LOCATION

Hardin County Extension Service
111 Opportunity Way
Elizabethtown, KY 42701



4-H Homeschool Club

2025-2026 Program Year



Growing Leaders & Lifelong Learners, One Homeschooler at a Time!

All meetings are from 10:00 - 11:30 am EST

Looking for a fun, hands-on learning group for your homeschooler?

- The 4-H Homeschool Club is open to youth ages 5-18.
- Explore projects in science, art, leadership, and more!
- Make friends and build life skills.
- Cloverbuds (ages 5-8) enjoy age-appropriate activities.
- Older youth (9-18) dive deeper.

2025 Dates: 9/24, 10/29, 11/19, 12/17

2026 Dates: 1/28, 2/25, 3/25, 4/29 & 5/27

RSVP for Sept meeting by 9/17

https://uky.az1.qualtrics.com/jfe/form/SV_5dyugEJLylwynbg



Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky.

Hardin County 4-H Youth Development
270-765-4121

<https://hardin.ca.uky.edu/4h-youth-development>



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Hardin County 4-H CLOVERBUDS

Registration now open for the Fall Session!

Participants must be between 5 and 8 years old on Jan. 1, 2026

Choose the series that works best for your family!

Tuesdays - 5:30-7:00 p.m.
Sept. 16, Oct. 21, Nov. 18, Dec. 16

OR

Wednesdays - 5:00-6:30 p.m.
Sept. 10, Oct. 15, Nov. 12, Dec. 3

Register at <https://hardin.ca.uky.edu/events>



Children and their parent/caregiver discover more about themselves and the world around them, develop positive attitudes about learning new things, and learn about the 4-H youth development program.

All meetings held at the
Hardin County Cooperative
Extension Service Office
111 Opportunity Way
Elizabethtown, KY 42701

POC: Jocelyn Kemp
(jocelyn.kemp@uky.edu or
270-765-4121)

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4-H TEEN LEADERSHIP IN ACTION

HARDIN/GRAYSON

BUILD LEADERSHIP SKILLS AND GROW INTO A
VALUED COMMUNITY LEADER.

CONGRATULATIONS!!!



Agent Contact:
Deana K. Reed, CEA for 4-H YD Education
deanakreed@uky.edu



HARDIN COUNTY DELEGATES CLASS OF 2026

Cole Brown
Charlotte Collins
Keara Knight
Ava Moses
AdyMae Williams

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***COOKING 101 TEACHES THE BASIC SKILLS
NEEDED FOR CLASSES THAT WILL BE
ANNOUNCED SOON!***

L-H Cooking 101

KITCHEN BASICS

Several Class Dates Available!
Choose one!

October 15
December 18
February 19

ONLY
\$15

5:30-7:30 pm

Youth, ages 9-18

limited to 20 participants per session

Safety • Recipes

Mise En Place • Knife Skills

Measuring • Seasoning • Cleaning

111 Opportunity Way, Elizabethtown, KY

For More Information and Registration

<https://hardin.ca.uky.edu/events>

or email: deanakreed@uky.edu



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Hardin County 4-H Youth Development

4-H ACHIEVEMENT PROGRAM WORKSHOPS

MONDAY, SEPTEMBER 29

Hardin County Extension Office, 111 Opportunity Way, Etown

4:30-5:30 PM PREVIOUS APPLICANTS

6:00-7:00 PM NEW APPLICANTS

Youth, 4-H Age 10 - 18 are eligible to apply

- The 4-H Achievement Program is designed to help Kentucky 4-H capture each member's involvement, highlight their unique 4-H story, and recognize their accomplishments through the achievement application process.
- Applicants must be active, enrolled 4-H members in good standing within their county and have participated in 4-H in Kentucky for at least one year, 9/1/2024 - 8/31/25.

Our Goal:

Ensure every 4-Her can share their story and be recognized

Achievement Levels:

- Clover Levels 1, 2, and 3
- Bronze
- Silver
- Gold
- Emerald

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Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky.

Hardin County 4-H Youth Development
270-765-4121

<https://hardin.ca.uky.edu/4h-youth-development>



Large \$5
Small \$3
Cash
Only!

Look for the 4-H Ice Cream Trailer at these upcoming events:

September 19 (11 am - 4 pm)

September 20 (time TBA soon)

Heartland Quilt Show

Hardin County Extension Service Office

September 25-27

Vine Grove Bluegrass Festival

Optimist Park



All proceeds directly support Hardin County 4-H Clubs and Programs



PEACHES & CREAM BAGEL

INGREDIENTS

- 1 cinnamon raisin bagel, sliced
- 2 tablespoons small curd cottage cheese
- 1/2 cup peaches, diced
- 1 teaspoon honey
- Cinnamon



DIRECTIONS

1. Toast bagel.
2. Spread each half with 1 tablespoon of cottage cheese and top with diced peaches.
3. Drizzle each half with honey and sprinkle with cinnamon.
4. Serve immediately.

Source: Brooke Jenkins-Howard, Nutrition Education Program Curriculum Coordinator University of Kentucky Cooperative Extension Service

270 calories; 2.5g total fat; 0.5g saturated fat; 0g trans fat; 5mg cholesterol; 340mg sodium; 52g total carbohydrate; 1g fiber; 17g sugar; 6g added sugar; 11g protein; 0% Daily Value vitamin d; 4% Daily Value calcium; 15% Daily Value iron; 6% Daily Value potassium.

YOUTH

HEALTH BULLETIN



SEPTEMBER 2025

Download this and past issues of the Adult, Youth, Parent, and Family Caregiver Health Bulletins:
<http://fcs-hes.ca.uky.edu/content/health-bulletins>

NAME County
Extension Office
000 Street Road
City, KY
Zip
(000) 000-0000

THIS MONTH'S TOPIC

BE PREPARED, NOT SCARED!

making an
**EMERGENCY
Plan**
is the
SMART
THING TO DO!



Sometimes emergencies like floods, tornadoes, or storms can happen where we live. These are called natural disasters. They can be scary, but if we make a plan and practice it, we'll know what to do and feel a lot safer.

First, talk with your family about what kinds of disasters might happen in your area. Your parents or caregivers can help explain these. Then, help make a family plan. Your family should choose two places to meet if you can't stay at home. Pick one close to your house and another farther away. This could be a friend or family member's home in another town.

It's also important to know how to contact your family. Memorize your home phone number or the phone number of your parents or caregivers.

Continued on the next page ➔

**Cooperative
Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.
University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506



 Continued from the previous page

You likely already follow the plan your school has in place for these emergencies. You should also talk about that plan with your parents or caregivers. They should know where your school tells students to meet during drills when you exit the school



Being prepared is a smart and brave thing to do, and it helps keep everyone safe!

<https://www.ready.gov/september>

CANSSK:

THGSHLFILA:

ANSWERS: WATER, SNACKS, FLASHLIGHT, BATTERIES

ATEBISETR:

Illustrations © University of Kentucky
School of Human Environmental
Sciences



SEPTEMBER 2025



***Pre-Registration Required**

SUN	MON	TUE	WED	THU	FRI	SAT
 	<p>1</p> <p>New Program Year Begins</p> <p>Download enrollment form!</p> <p>https://hardin.ca.uky.edu/4h-youth-development</p>	<p>2</p> <p>Beginner's Beekeeping 5:00</p> 	<p>3</p>	<p>4</p> <p>Feathers & Fluff 6:30</p> 	<p>5</p> <p>State Teen Council (thru the 7th)</p>	<p>6</p>
<p>7</p>	<p>8</p> <p>*4-H Teen Leadership in Action</p> <p>PAWS Dog Club 6:00</p> <p>Trailblazers 6:30</p>	<p>9</p> <p>*Cooking 101 5:30 PM</p> <p>Livestock Club 6:30</p>	<p>10</p> <p>Cloverbuds 5:00</p>	<p>11</p>	<p>12</p>	<p>13</p> <p>POP Club @ Hardin County Farmers Market</p>
<p>14</p>	<p>15</p> <p>*4-H Visual Arts Club 5:30 PM</p> <p>Lakewood 4th Grade</p>	<p>16</p> <p>4-H Council Meeting 6 PM</p> <p>*Cloverbuds 5:30 PM</p> <p>Day Treatment 4-H Club</p>	<p>17</p>	<p>18</p> <p>North Middle School 6th Grade</p>	<p>19</p> <p>Heartland Quilt Show 19th-20th</p> 	<p>20</p>
<p>21</p>	<p>22</p> <p>4-H Clover Fest 5-7 PM</p> <p>Morningside 4-H Afterschool</p>	<p>23</p> <p>Heartland 4th Grade</p>	<p>24</p> <p>Homeschool Club 10:30</p> <p>Morningside 4-H Afterschool</p>	<p>25</p> <p>Vine Grove Bluegrass Festival 25th-27th</p> <p>*Cooking 101 5:30</p> 	<p>26</p>	<p>27</p>
<p>28</p> <p>Radcliff Elementary 5th Grade</p>	<p>29</p> <p>4-H Achievement Program Workshops 4:30 & 6 PM</p> <p>Dog Club Orientation 6 PM</p>	<p>30</p> <p>4-H Family Night at Crawford Farm</p> 				<p>Event Registration</p>  <p>https://hardin.ca.uky.edu/events</p>

Orange Text Denotes In School Programs

OCTOBER 2025



***Pre-Registration Required**

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2 Feathers & Fluff 6:30 Radcliff Elementary 5 th Grade	3	4
5	6	7 Beginner's Beekeeping 5:00 	8	9 Target Masters 6:00 	10	11
12	13 Spooky Season Art Day PAWS Dog Club 6:00 Trailblazers 6:30	14 Lakewood 4 th Grade TK Stone 4-H Afterschool Livestock Club 6:30	15 TK Stone 4-H Afterschool *Cloverbuds 5:00 *Cooking 101 5:30	16 Club Officer Training 6:00 Heartland 4 th Grade North Middle School 6 th Grade	17 <u>DEADLINE</u> Record Books Achievement Applications Awards Banquet Self-nominations	18 POP Club @ Hardin County Farmers Market
19	20  Art Club 5:30 *PAWS @ Bella's 5:00 Teen Club 6:00 PM	21 YPCS Planning Committee 4:00 Cloverbuds 5:30 Day Treatment 4-H Club TK Stone 4-H Afterschool	22 Ag Safety Day TK Stone 4-H Afterschool	23 *4-H Teen Leadership in Action	24	25
26	27 Sr. Hippology 4:00 	28	29 Homeschool Club 10:00 	30	31	Event Registration  https://hardin.ca.uky.edu/events

Orange Text Denotes In School Programs

2025 RecognitionLog
(September 1, 2024 - August 31, 2025)

(September 1, 2024 - August 31, 2025)

Drop Off At: Hardin County Extension Office, 111 Opportunity Way, Elizabethtown, KY 42701
OR e-mail To: deanakreed@uky.edu

4-H Member Name:						
Number of Years in 4-H:						
Age on January 1, 2025:						
I was a:	_____	Cloverbud (age 5-8)	_____	Junior (age 9-13)	_____	Senior (age 14-18)

1. Must include date and brief description of **ONLY 4-H activities or events conducted by 4-H**.
2. The following abbreviations may be used to distinguish the different level of activity/event:
C = county, A = area, S = state, N = national.

CURRENT, color photo must be submitted electronically to deanakreed@uky.edu

CLUB/PROJECT GROUP INVOLVEMENT: This includes any 4-H clubs that engage youth officers or a project group structured to complete a specific project.

[illegible]

CLUB ACTIVITY: List each activity with a date and description. These are activities in which club members have an opportunity to participate in 4-H throughout the program year. They are usually scheduled and overseen by a club leader or are offered by county agents to 4-Hers. Examples: club lessons, club picnic, or clinics. This section DOES NOT include county or state fair activities.

[illegible]

LEADERSHIP ACTIVITY: These activities can be elected duties within a club or leadership opportunities provided through other 4-H programs. Examples include: club officer, council member, camp counselor, general 4-H volunteer opportunities.

[illegible]

EDUCATIONAL ACTIVITY: 4-H activities that are sponsored by a club or county that have an **educational component** to them. Series or class conducted in one educational experience may include speech/demonstration contest, 4-H camp, horse camp, livestock educational meetings, summer programs and similar activities. Practices for judging contests like horse bowl are educational activities.

[illegible]

COMMUNITY SERVICE: These are activities or projects that help all or a targeted population in our community. They also include club participation in activities that increase the awareness of 4-H in Hardin County. Examples include: canned food drive, nursing home visits, and any other activity done as a part of their club.

COMMUNITY SERVICE ACTIVITY	DATE

FAIR ACTIVITY: These are activities/projects that 4-Hers participate in at the **Hardin County and Kentucky State Fairs only**. List projects/livestock entered at the county or state fair. Other items to include are county based: hosting the 4-H building during fair week, assisting with project take in or pickup, or assisting with building clean up.

FAIR ACTIVITY	COUNTY	STATE

Please RANK (1st - 3rd choice) these items you would prefer as an award.

_____	water bottle						
_____	tumbler						
_____	t-shirt	t-shirt size - circle only ONE					
		Youth	small	medium	large		
		Adult	small	medium	large	extra large	2 X large
_____	plaque, option A	List below the TOP 5 4-H experiences/awards you would like engraved on the plaque.					
		1					
		2					
		3					
		4					
		5					
_____	plaque, option B	4-H experiences/awards will be included on plaque. NOTE: wording will be scaled to fit plaque size					

The above information is correct to the best of my knowledge and accurately represents my 4-H participation from September 1, 2024 - August 31, 2025.

Date

Member Signature:		
Parent Signature:		
NOTE: Please remember to submit a photo via email attachment to deanakreed@uky.edu		

RSVP deadline for 4-H Award Banquet
October 17, 2025

	Number of attendees from my family
--	------------------------------------

If you would like to receive an excel version of this self-nomination form, please email Ms. Deana @ deanakreed@uky.edu